



THE
BOWER HOUSE

Gluten Free Menu

Bites £3.25

Mixed Olives

Hummus & Crudités

Spiced Nuts

Sharing Boards

The Bower Board, hummus, crudités, mixed olives, baby gem Caesar salad £12

Charcuterie Board, cornichons, caperberries, parmesan & ciabatta £15

Starters

Bower House Soup of the Day, gluten-free bread £6

King Prawn "Gambas Pil-Pil", chilli, spring onion £7.50

Beetroot Salmon Gravadlax, seaweed crème fraiche, gluten-free bread £7.50

Spice Rub Fillet of Beef Carpaccio, fennel & parmesan salad, truffle dressing £8.50

Caesar Salad £6

Mains

Hereford 8oz Rump, watercress & new potatoes £20

Seared Hake & Mussels, puy lentils, spinach, seaweed butter £17

Roast Pumpkin Risotto, parmesan, crispy sage, toasted pumpkin seeds £13

Seared Calves Liver, smoked garlic mash, green beans, crispy bacon & onion gravy £17

Gressingham Duck Breast, fondant potato, cavolo nero, blackberry jus £19

Caesar Salad £12

add **Roasted Chicken or Sea Bream Fillet** to your salad for £5

Sides £3

Seasonal Vegetables

Mixed Salad

Slaw

New Potatoes

Desserts

White Chocolate Panna Cotta, roasted peaches £7

Dark Chocolate Delice, yoghurt sorbet £7

Selection of Taste of the Country Cheeses, gluten-free bread, quince jelly, celery, grapes £8

Selection of Homemade Ice Creams

2 scoops £3

3 scoops £4.50